




Provident February 2020 Cold Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ALL MEALS INCLUDE 8OZ UNFLAVORED 1% MILK 			
3	4	5	6	7
Chicken and Cheese Pasta 2oz Chicken 1/2 WGR pasta 1/2C Mixed Veggies 1/2 C Peaches 8oz Milk	Turkey, Cheese & Bacon Club on WGR Hoagie Bun 2oz Turkey, 1/2 oz Cheese, 1 Slice Turkey Bacon 1/2c Lettuce, 1 Slice Tomato, 1 Mustard , 1 Italian Plum 8oz Milk	Popcorn Chicken Salad 2oz Chicken 1oz WGR Tortilla Chips 1C Lettuce 1/2C Corn & Black Beans 1 Ranch Dressing 8oz Milk	1/2 C Sesame WGR Noodles w/ 2oz Diced Chicken 3/4 C Celery Sticks (3 per) 2 Clementines 1 Ranch Dressing 8oz Milk	Chicken & Cheese Roll Up w/ 2 oz Chicken Breast & 1/2oz Mozzarella Cheese & Ranch 1 WGR Tortilla 1/4c Lettuce & 1/2c Tomato 1/4 C Pineapple 8oz Milk
10	11	12	13	14
Chicken & Veggie Pasta Salad w/ 1/2 c WGR pasta 2oz Diced Chicken 1/2oz Cheese 1/2 C Peas 1/4 C Applesauce 8oz Milk	Chef Salad w/ 1/2C Lettuce w/ Tomatoes & Carrots 1oz Turkey 1/2 oz Shredded Cheese 1/4 Hard Boiled Egg 1 WGR Roll Italian Dressing 8oz Milk	Cold Make Your Own Pizza 1 WGR Flatbread 2oz Pizza Cheese 1/4c Pizza Sauce 1/2 C Mixed Vegetables Plum 8oz Milk	BBQ Chicken Wrap 3oz BBQ Chicken WGR Tortilla 1/2 C Cucumber Slices w/ Ranch 1/2 C Grapes 8oz Milk	3 oz Sliced Chicken Breast WGR Flat Bread 1/2 C Carrot Sticks w/ Ranch Kiwi 8oz Milk
17 Closed	18	19	20	21
	Turkey, Cheese & Bacon Club on WGR Hoagie Bun 2oz Turkey, 1/2 oz Cheese, 1 Slice Turkey Bacon 1/2c Lettuce, 1 Slice Tomato, 1 Mustard , 1 Italian Plum, 8oz Milk	Popcorn Chicken Salad 2oz Chicken 1oz WGR Tortilla Chips 1C Lettuce 1/2C Corn & Black Beans 1 Ranch Dressing 8oz Milk	1/2 C Sesame WGR Noodles w/ 2oz Diced Chicken 3/4 C Celery Sticks (3 per) 2 Clementines 1 Ranch Dressing 8oz Milk	Chicken & Cheese Roll Up w/ 2 oz Chicken Breast & 1/2oz Mozzarella Cheese & Ranch 1 WGR Tortilla 1/4c Lettuce & 1/2c Tomato 1/4 C Pineapple 8oz Milk
24	25	26	27	28
Chicken & Veggie Pasta Salad w/ 1/2 c WGR pasta 2oz Diced Chicken 1/2oz Cheese 1/2 C Peas 1/4 C Applesauce 8oz Milk	Chef Salad w/ 1/2C Lettuce w/ Tomatoes & Carrots 1oz Turkey 1/2 oz Shredded Cheese 1/4 Hard Boiled Egg 1 WGR Roll Italian Dressing 8oz Milk	Cold Make Your Own Pizza 1 WGR Flatbread 2oz Pizza Cheese 1/4c Pizza sauce 1/2 C Mixed Vegetables Plum 8oz Milk	BBQ Chicken Wrap 3oz BBQ Chicken WGR Tortilla 1/2 C Cucumber Slices w/ Ranch 1/2 C Grapes 8oz Milk	3 oz Sliced Chicken Breast WGR Flat Bread 1/2 C Carrot Sticks w/ Ranch Kiwi 8oz Milk