

Provident November 2019

SCHOOL BREAKFAST MENU

ALA CARTE WAGON

Students must choose 3 or 4 items to make a reimbursable breakfast

Grain:

May take ONE OR TWO grain items

Fruit:

May take up to TWO half-cup fruit choices (MUST take at least one)

Milk:

May take a cup of milk (8oz)

Breakfast Choices:

Assorted Yogurt

Assorted WG Cereal

WG Fruit Frudel

WG Iced Cinnamon Roll

Assorted WG BenefIT Breakfast Bars




WG Animal Crackers

Assorted WG Cereal Bars

Assorted Fresh or Portioned Fruits

Assorted 100% Fruit Juices

ALL Breakfasts served With Low Fat Milk

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
				1
 The Nutrition Group		All meals include 8oz milk 		Galaxy Pizza Cheeseburger Cheesy Hash browns Carrots Peach Applesauce
4	5	6	7	8
Chicken Tenders w/Bread Cheesy Garlic Bread Marinara Dipping Sauce Corn Fruit Cup	Pasta w/ Meat Sauce w/ bread Chicken Enchilada Dip w/ chips Corn Green Beans Fruit Juice	Grilled Cheese Galaxy Pizza Fresh Baby Carrots Red & White Bean Salad Fresh Fruit	Breaded Popcorn Chicken w/1 Bread Salisbury Steak w/ Gravy & 2 Bread Whipped Potatoes Green Beans Applesauce	Sautéed Pierogies w/ Bread Meatloaf w/Dinner Roll Steamed Broccoli Sweet potatoes Fruit Juice
11	12	13	14	15
Pizza burger w/ sauce & Cheese Chicken-N-Biscuits Peas Baked Beans Applesauce	Buffalo Chicken dip w/ chips 3 French Toast Sticks w/ 2 Sausage Patties & Syrup Cup Carrots Green Beans Fresh Fruit	Chef Salad w/ 1 Bread Tomatoes & Cucumbers Chicken Patty Parsley Potatoes Corn Fruit Juice	Buffalo Chicken Mac & Cheese w/ 1 Bread Corn Dog Nuggets Carrots Collard Greens Fruit Juice	Chicken Nuggets w/ bread Galaxy Pizza Home Fries Broccoli Applesauce Cup
18	19	20	21	22
Grilled Chicken Patty Bacon Cheeseburger Baked Beans Fruit Cup BBQ Bun	Chicken Sliders w/ 2 Rolls Walking Tacos w/ Doritos & Bread Corn Salsa (4oz) Fruit Juice	Hot Dog Sweet Potatoes Casserole Mixed Vegetables Turkey Chef Salad w/ 1 Bread Cherry Tomatoes Ranch Marinated Peas Fresh Fruit	Chicken Nuggets w/ bread Fish Sticks w/ Bread Parsley Potatoes Green Beans Fruit Cup	Italian Hoagie (bologna salami) Cherry Tomatoes Ranch Marinated Peas Swedish Meatballs w/ Gravy w/ Roll Carrots Mixed Vegetables Fruit Cup
25	26	27 Closed	28 Closed	29 Closed
Sloppy Joe w/ BBQ Bun Chicken Patty Sandwich Winter Blend Baked Beans Fruit Cup BBQ Bun	Chicken Nuggets w/ 1 Bread Corn Dog Nuggets Broccoli Carrots Fruit Cup			

Daily Milk Choices:

**Skim,
Flavored
Fat Free,
1%
White**