



Monday



6

Breakfast Corndog
w/syrup
Fruit and or Juice
Choice of Milk

Tuesday



7

Vanilla Yogurt Parfait
Fruit and or Juice
Choice of Milk

Wednesday

1

Maple Mini Pancakes
w/syrup
Fruit and or Juice
Choice of Milk

Thursday



2

Lemonade Smoothie
w/ apple cereal bar
Fruit
Choice of Milk

Friday

3

Mini French Toast
w/ syrup
Fruit and or Juice
Choice of Milk



13
Breakfast Corndog
w/syrup
Fruit and or Juice
Choice of Milk

14
Strawberry Yogurt Parfait
Fruit and or Juice
Choice of Milk

15
Maple Mini Pancakes
w/syrup
Fruit and or Juice
Choice of Milk

16
Blueberry Smoothie
w/ apple cereal bar
Fruit
Choice of Milk

17
Mini French Toast
w/ syrup
Fruit and or Juice
Choice of Milk

20
Breakfast Corndog
w/syrup
Fruit and or Juice
Choice of Milk

21
Blueberry Yogurt Parfait
Fruit and or Juice
Choice of Milk

22
Maple Mini Pancakes
w/syrup
Fruit and or Juice
Choice of Milk

23
Lemonade Smoothie
w/ apple cereal bar
Fruit
Choice of Milk

24
Mini French Toast
w/ syrup
Fruit and or Juice
Choice of Milk



27
Breakfast Corndog
w/syrup
Fruit and or Juice
Choice of Milk

28
Vanilla Yogurt Parfait
Fruit and or Juice
Choice of Milk

29
Maple Mini Pancakes
w/syrup
Fruit and or Juice
Choice of Milk

30
Pineapple berry Smoothie
w/ apple cereal bar
Fruit
Choice of Milk

31
Mini French Toast
w/ syrup
Fruit and or Juice
Choice of Milk



Starting October Breakfast FREE to all enrolled Students for the 22-23 school year. The student must take what is considered a reimbursable meal or will be charged a la carte.

Offered Daily as a Breakfast choice: Assorted Cereal, Assorted Pop tarts, Banana Bread, Cinnamon Rolls, Benefit Bars

Monday



Tuesday

Wednesday

Thursday

Friday

- 6**
- A. Lasagna
 - B. Garden Salad
 - C. PB&J w/ Yogurt
 - D. Provident Lunchable
 - E. Hummus
 - Veg: Side Salad

- 7**
- A. Fajita bowl
 - B. Garden Salad
 - C. PB&J w/ Yogurt
 - D. Provident Lunchable
 - E. Hummus
 - Veg: Fajita Veg

- 8**
- A. Pierogies
 - B. Garden Salad
 - C. PB&J w/ Yogurt
 - D. Provident Lunchable
 - E. Hummus
 - Veg: Green Beans

- 9**
- A. Cheese Burger
 - B. Garden Salad
 - C. PB&J w/ Yogurt
 - D. Provident Lunchable
 - E. Hummus
 - Veg: Baked Beans



- 13**
- A. Meatball Hoagie
 - B. Chicken Caesar Salad
 - C. PB&J w/ Yogurt
 - D. All American Sub
 - E. Hummus
 - Veg: Baked Sweet Potato

- 14**
- A. Philly Cheese Steak
 - B. Chicken Caesar Salad
 - C. PB&J w/ Yogurt
 - D. All American Sub
 - E. Hummus
 - Veg: Hash browns

- 15**
- A. Peppy Grilled cheese
 - B. Chicken Caesar Salad
 - C. PB&J w/ Yogurt
 - D. All American Sub
 - E. Hummus
 - Veg: Powerhouse chili

- 16**
- A. Chicken Alfredo
 - B. Chicken Caesar Salad
 - C. PB&J w/ Yogurt
 - D. All American Sub
 - E. Hummus
 - Veg: Little trees

- 17**
- A. Bosco Sticks
 - B. Chicken Caesar Salad
 - C. PB&J w/ Yogurt
 - D. All American Sub
 - E. Hummus
 - Veg: 3 Bean amigos

- 20**
- A. Meatloaf
 - B. Grilled Chicken Salad
 - C. PB&J w/ Yogurt
 - D. Make your own Pizza
 - E. Hummus
 - Veg: Garlic Parm Roasted Potatoes

- 21**
- A. Chicken Pot Pie
 - B. Grilled Chicken Salad
 - C. PB&J w/ Yogurt
 - D. Make your own Pizza
 - E. Hummus
 - Veg: Roasted Edamame

- 22**
- A. Ravioli
 - B. Grilled Chicken Salad
 - C. PB&J w/ Yogurt
 - D. Make your own Pizza
 - E. Hummus
 - Veg: Zukes

- 23**
- A. Popcorn chicken bowl
 - B. Grilled Chicken Salad
 - C. PB&J w/ Yogurt
 - D. Make your own Pizza
 - E. Hummus
 - Veg: Corn

- 24**
- A. Grilled Cheese
 - B. Grilled Chicken Salad
 - C. PB&J w/ Yogurt
 - D. Make your own Pizza
 - E. Hummus
 - Veg: Tomato Soup

- 27**
- A. Pasta Bake
 - B. Greek Salad
 - C. PB&J w/yogurt
 - D. Italian Hoagie
 - E. Hummus
 - Veg: Sautéed green Beans

- 28**
- A. Soft Taco
 - B. Greek Salad
 - C. PB&J w/yogurt
 - D. Italian Hoagie
 - E. Hummus
 - Veg: Black Beans

- 29**
- A. Sausage Egg & Cheese biscuit
 - B. Greek Salad
 - C. PB&J w/yogurt
 - D. Italian Hoagie
 - E. Hummus
 - Veg: Hash browns

- 30**
- A. Hotdog
 - B. Greek Salad
 - C. PB&J w/yogurt
 - D. Italian Hoagie
 - E. Hummus
 - Veg: French Fries

31

Half Day
Bosco Sticks
PB&J