



PCS Central Breakfast

10.

October 2024

All Breakfast is FREE to all students. With the daily choices we also have cereal daily, or a breakfast bento box (hardboiled egg, yogurt, bellybears), bagel with jelly and cream cheese, a choice of milk, fruit and juice daily. In order for the meal to be free students must have a reimbursable meal and take 3 out of the 4 offered items. One of those must be a fruit or vegetable. If not a full meal we must charge A la carte per item. Staff will be there to help ensure the student has what they need.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Vanilla Parfait	2 Eggy Rolls	3 Conferences	4	5	6
7 Blueberry Muffin	8 Strawberry Overnight Oats	9 Breaky Tacos	10 Chunky Monkey Smoothie	11 Sausage Muffin	12	13
14 No School	15 Blueberry Overnight Oats	16 Apple Cinnamon Pancakes	17 Mango Smoothie	18 Sausage Muffin	19	20
21 Carrot Cake Muffin	22 Vanilla Parfait	23 Eggy Rolls	24 Mixed Berry Smoothie	25 Sausage Muffin	26	27
28 Blueberry Muffin	29 Strawberry Overnight Oats	30 Breaky Tacos	31 Chunky Monkey Smoothie			

