



PCS West Breakfast

10.

October 2024

All Breakfast is FREE to all students. With the daily choices we also have cereal daily, or a breakfast bento box (hardboiled egg, yogurt, bellybears), a choice of milk, fruit and juice daily. In order for the meal to be free students must have a reimbursable meal and take 3 out of the 4 offered items. One of those must be a fruit or vegetable. If not a full meal we must charge A la carte per item. Staff will be there to help ensure the student has what they need.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Vanilla Parfait	2 Breaky Tacos	3 Conferences	4	5	6
7 Bagel	8 Vanilla Parfait	9 Breaky Tacos	10 Chunky Monkey Smoothie	11 Sausage Muffin	12	13
14 No School	15 Vanilla Parfait	16 Breaky Tacos	17 Mango Smoothie	18 Sausage Muffin	19	20
21 Bagel	22 Vanilla Parfait	23 Breaky Tacos	24 Mixed Berry Smoothie	25 Sausage Muffin	26	27
28 Bagel	29 Vanilla Parfait	30 Breaky Tacos	31 Chunky Monkey Smoothie			