

Central Breakfast

November 2024

SUN

MON

TUE

WED

THU

FRI

SAT

All Breakfast is FREE to all students. With the daily choices we also have cereal daily, or a breakfast bento box (hardboiled egg, yogurt, bellybears), bagel with jelly and cream cheese, a choice of milk, fruit and juice daily. In order for the meal to be free students must have a reimbursable meal and take 3 out of the 4 offered items. One of those must be a fruit or vegetable. If not a full meal we must charge A la carte per item. Staff will be there to help insure the student has what they need.

3	Banana Bread 4	Blueberry overnight oats 5	Apple pancake 6	Mango Smoothie 7	Sausage Muffin 1	2
10	Carrot Cake Muffin 11	Vanilla Parfait 12	Eggy Eggrolls 13	Mixed berry Smoothie 14	Sausage Muffin 8	9
17	Blueberry Muffin 18	Strawberry Chocolate overnight oats 19	Breaky taco 20	Chunky monkey Smoothie 21	Sausage Muffin 15	16
24	Banana Bread 25	Blueberry overnight oats 26	Break 27	Thanksgiving 28	Sausage Muffin 22	23
					Break 29	30

